**#1 - Team Building Activity** *(10-12 min.)*

**#2 - Video / Response and Discussion** *(5 min. max)*

**#3 – Expectations / Group Lesson** *(20+ min.)*

**#4 - Closure / Pledge Statement** *(2-3 min.)*

**#1 – Team Building Activity - "Two Truths and a Lie"**

Two Truths and a Lie is the classic icebreaker game in which one attempts to identify which of three statements is bogus.

**Materials:**    You may want students to have a piece of paper and something to write with if you prefer them to WRITE their statements down first.   Otherwise, students may just get time to think of 3 statements to say.    Your choice.

**Instructions**: Have everyone sit in a circle. Each person prepares three statements, two of which are true and one of which is a lie. In any order, the person shares the three statements to the entire group. The object of the game is to figure out which statement a lie. The rest of the group votes on each statement, and the person reveals which one is the lie.

**Variation**:  *Two Truths and a Dream Wish*.

As an interesting variation to the classic Two Truths and a Lie icebreaker, people may also play a version called Two Truths and a Dream Wish. Instead of stating a lie, a person says something that is not true — yet something that they wish to be true. For example, someone that has never been to Hawaii might say: “I have visited Hawaii when I was young.” This interesting spin often leads to unexpected, fascinating results, as people often share touching wishes about their lives.

**#2 – Video / Response and Discussion**

“[A Pep Talk from Kid President](https://www.youtube.com/watch?v=l-gQLqv9f4o)” – 3:28 (YouTube video)

**#3 (part 1) – Expectations of a Class meeting**

Teachers - at this time, review how you want your group to run this semester.   Review procedures to share answers, how you would like students to sit or be grouped, how you would like them to join groups, how they treat each other, and any other group or class rules you would like them to know.   Remember focus on LISTEN, LEARN, and be RESPECTFUL at all times.

**Purpose of class meetings:**

• getting to know each other better

• learning about bullying

• discussing/problem-solving bullying situations

• working together to stop or prevent bullying at school

• talking about other issues of importance to your class

Work with the class to discuss the **class meeting ground rules:** (you may want to add/take away rules)

1.We raise our hand when we want to say something.

2. Everyone has the right to be heard.

3.We let others speak without interrupting (within certain time limits).

4. Everyone has the right to pass.

5.We can disagree without being disagreeable or saying mean things; no

“put-downs.”

**Four school anti-bully rules** (you will discuss these in detail next meeting)

1. I will not bully others

2. I will help others that are being bullied

3. I will include students that are left out

4. I will tell an adult when I know someone is being bullied

You may want to have students make posters of group rules to keep posted in your room for meetings if you would like or just write them on your board.  Engage the students in this discussion and discuss possible consequences if needed.

**#3 (part 2) – Group Lesson**

[First meeting PowerPoint & Lesson](Intro%20Powerpoint.pptx)

**#3 (part 3)- Upcoming Anti-Bully Topics**

Discuss with your class the upcoming class meeting dates and topics.

**#4 – Closure / Pledge Statement**

Reflect on the main ideas covered in the lesson and how the lesson will impact the student in the future.